

QUICK REFERENCE SHEET

BAYBERRY ROOT

Myrica cerifera



Part Utilized:
Root

PROPERTIES:

Adaptogenic, Stimulant, Astringent/Styptic,
Tonic (immune, endocrine)

SYSTEMS AFFECTED:

Immune, Endocrine/Glandular, Intestinal,
Respiratory

POSSIBLE USES:

intestinal cramping, colic, repel weevils



INGREDIENT IN:

COMP, FC, FSW, LB, TRT

GENERAL INFORMATION:

Bayberry is an immune system tonic and stimulates glandular activity throughout the body. Bayberry is found in women's formulas as a preparation for labor and as a labor stimulator. Bayberry is an impressive astringent, especially for the intestinal tract in relieving diarrhea.