

QUICK REFERENCE SHEET

EUCALYPTUS

Eucalyptus globulus



Part Utilized:
Leaf



PROPERTIES:

Antiseptic, Expectorant, Stimulant, Analgesic, Antipyretic

SYSTEMS AFFECTED:

Respiratory, Muscular

POSSIBLE USES:

chest infections, strains, sprains, fevers

GENERAL INFORMATION:

Eucalyptus is a traditional Aboriginal remedy for infections and fevers. It is now used throughout the world for these ailments. The astringent properties of Eucalyptus make it effective against colds, flu, sore throats, and bacterial infections of many kinds. Eucalyptus is a strong expectorant for the respiratory system.