

QUICK REFERENCE SHEET

HYDRANGEA

Hydrangea arborescens



Part Utilized:
Root



PROPERTIES:

Antilithic, Diuretic

SYSTEMS AFFECTED:

Urinary, Reproductive (prostate)

POSSIBLE USES:

cystitis, enlarged prostate, stones in the kidneys, bladder, or gallbladder, gout, arthritis

INGREDIENT IN:

AP, KB, KS, PRT

GENERAL INFORMATION:

When it comes to the kidneys, and kidney and bladder stones, Hydrangea is right up there on the list of amazing with the more popular and well-known herbs. Hydrangea contains some alkaloids that are cortisone-like and help relieve the pain when stones pass through the ureters from the kidneys to the bladder. Hydrangea has similar cleansing properties to Chaparral. This is not an herb to be taken every day for weeks on end.

Hydrangea contains calcium, potassium, sodium, sulphur, phosphorus, iron, and magnesium.