

QUICK REFERENCE SHEET

CLOVE BUD

Syzygium aromaticum



Plant Family:
Myrtaceae



Extraction Method:
Steam Distilled



Part Utilized:
Fruit Bud



**Region of
Origin:**
Indonesia

AFFINITY FOR:
nerves, emotions

THERAPEUTIC PROPERTIES:

antiseptic, antibiotic, antiviral, antifungal, analgesic, antineuralgia, antispasmodic, stimulant, carminative, aphrodisiac, stomachic, tonic, antiparasitic, anti-tumoral

AROMATIC CONSIDERATIONS:

The aroma of Clove improves memory, alleviates mental and physical exhaustion, protects from negative energy, and creates feelings of cooperation and courage. Clove helps us to move forward, exploring new possibilities and experiences, with enthusiasm.

APPLICATION:

Pay careful attention to the dilution of Clove essential oil before putting it on the skin. Clove essential oil can be applied to the feet or to any area of the body where its properties are needed.

! CAUTIONS:

Clove, except as part of a blended oil, should be avoided by pregnant women. It should be used with caution and diluted well for use with children and anyone with sensitive skin. Too strong to be used in the bath. Repeated use as a single can cause contact sensitization and allergic reactions.

INGREDIENT IN:

^{Le}Bountiful, ^{Le}CinnamonBear, ^{Le}Deliverance, ^{Le}Deliverance Plus, ^{Le}Diminish, ^{Le}Energy, ^{Le}Eternity, ^{Le}Fortitude, ^{Le}Intensity, ^{Le}Life Force, ^{Le}MelaPlus, ^{Le}Paine, ^{Le}RefreshMint, ^{Le}SpiceC, ^{Le}Stimulate

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

The aroma of Clove is, literally, heart-warming. It helps us to look away from ourselves and our own needs, so we can see the needs of family members and friends. Clove helps us translate this "seeing" into practical, every day living and giving. Clove Bud oil lifts depression, leaving behind a feeling of optimism and lightness. Clove Bud oil can create and sustain a positive outlook and attitude.

PHYSICAL ASPECTS:

Spices are among the most nutritional herbal remedies, and Clove is one of the best. When Clove Bud essential oil is absorbed into the body, it provides missing nutrients. Because Clove oil improves the overall nutrition in the body, it can be of benefit in many physical conditions. Clove Bud is excellent in the early stages of illness to kill viruses and bacteria. Clove's stimulative and nutritive properties are helpful later on, during the recovery phase, to rebuild energy and stamina.

Clove Bud is a strong topical anesthetic and pain reliever. It is often used to lessen the pain of a toothache until the problem can be remedied by a dentist. Clove acts on the digestive system for flatulence, nausea, and diarrhea. Clove Bud essential oil is strong enough to dissolve warts. It should be used undiluted several times a day directly on the wart. Putting a drop or two on a little round band aid keeps the Clove oil directly against the wart. This method is very effective.

Clove can be used for skin afflictions such as ringworm, scabies, and skin parasites. Clove is effective against bacteria, viruses, and fungi, so a diagnosis of exactly what is causing the problem is unnecessary.

GENERAL INFORMATION:

Has been used in the treatment of Hodgkin's Disease.