

QUICK REFERENCE SHEET

EUCALYPTUS BLUE MALLEE

Eucalyptus polybractea



Plant Family:
Myrtaceae



Extraction Method:
Steam Distilled



Part Utilized:
Leaves



**Region of
Origin:**
Australia

AFFINITY FOR:

especially suited to the respiratory system, anywhere Eucalyptus Globulus would be used, triple warmer meridian, spleen meridian, lung meridian, yin energy

THERAPEUTIC PROPERTIES:

anti-inflammatory, antiseptic, balsamic, expectorant, antibiotic, antifungal, febrifuge, anti-infective, antiparasitic, antineuralgia, pectoral

AROMATIC CONSIDERATIONS:

Eucalyptus Blue Mallee has a milder aroma than the more commonly used Eucalyptus Globulus. The milder aroma makes it more pleasant for children. This Eucalyptus is very good when used in emotional release and energy work.

APPLICATION:

Eucalyptus should be applied to the feet, and on areas where anti-inflammatory properties are needed. Eucalyptus, or a blend containing it, can be diluted and applied to the chest for respiratory congestion and infections. If used in small amounts, Eucalyptus makes a good addition to massage oils. Eucalyptus applied under and on each side of the nose brings quick relief for clogged sinus cavities.

! CAUTIONS:

Eucalyptus can be caustic to the skin if used undiluted. Not to be taken internally.

INGREDIENT IN:

LeAspire

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

Eucalyptus helps us find our survivor spirit. Eucalyptus taps into the inner strength in each of us. It can help us develop unflinching faith in ourselves and in divine assistance. Eucalyptus strips away doubt about our abilities, removes negativity and hesitation, and pushes us forward. Eucalyptus calms our spirits and opens our minds to see the way ahead clearly.

PHYSICAL ASPECTS:

This variety of Eucalyptus, though milder in aroma than Globulus, seems to penetrate more deeply into the lungs and bronchial tubes. The aroma encourages the taking of deep cleansing breaths.

GENERAL INFORMATION:

Like other Eucalyptus varieties, Blue Mallee gets more antiseptic and effective as it ages.