

QUICK REFERENCE SHEET

EUCALYPTUS STRAWBERRY GUM *Eucalyptus olida*



Plant Family:
Myrtaceae



Extraction Method:
Steam Distilled



Part Utilized:
Leaves



**Region of
Origin:**
Australia

AFFINITY FOR:

Skin, Heart Chakra, Emotions

THERAPEUTIC PROPERTIES:

Antioxidant, Antiseptic, Antibacterial,
Antidepressant

AROMATIC CONSIDERATIONS:

The aroma of Eucalyptus Strawberry Gum is sweet, balsamic with fruity undertones which is reminiscent of Cinnamon and strawberry. It is a strong enhancer of other fragrances.

APPLICATION:

Apply to any area of the body, use in lotions or creams to enhance the fragrance of other essential oils or fragrances, or diffuse to purify and freshen the air.

! CAUTIONS:

Although used in herbal form for centuries, Eucalyptus Strawberry Gum is a new essential oil and should be used with caution until more studies are available on this oil. Its main constituent is methyl cinnamate at 98.5%. Do not use if pregnant, or on children. Using caution is always the best approach until you see how you react to any essential oil.

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

Eucalyptus Strawberry Gum has a way of reminding you of sweet innocent moments spent enjoying life. It will help open your heart and refresh your senses and is a great choice for energy work or emotional release.

PHYSICAL ASPECTS:

Eucalyptus Strawberry Gum has high anti-oxidant activity. Essential oils in the Eucalyptus family are very versatile and are useful for a variety of ailments including colds and coughs, energizing the body, clearing nasal passages, purifying the air, easing sore muscles, and protecting against bacteria and viruses.

GENERAL INFORMATION:

Eucalyptus Strawberry Gum is grown in Eastern Australia and is classified as a threatened species in the wild but is becoming more common in cultivation due to its use as an essential oil and spice. Eucalyptus Strawberry Gum has been used by the indigenous people of Australia for centuries as a flavor enhancer and was used as chewing gum for its sweet berry-licious flavor.