QUICK REFERENCE SHEET

# LEMON SCENTED TEA TREE

*Leptospermum petersonii*

**Plant Family:** Myrtaceae

**Extraction Method:** Steam Distilled

**Part Utilized:** Leaves, Stems

## Region of Origin:

Australia

## AFFINITY FOR:

respiratory System, digestive system, skin, insect repellent

## THERAPEUTIC PROPERTIES:

calming and sedative, anti-viral, anti-bacterial, antiseptic, anti-microbial, anti-fungal, antibiotic, anti-infectious, expectorant, anti-inflammatory, carminative, digestive stimulant

## AROMATIC CONSIDERATIONS:

Lemon scent with hints of citronella and lemongrass.

## APPLICATION:

Dilute and apply topically, diffuse, add to the bath, in a spray to repel insects.

## EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

Lemon Scented Tea Tree has gentle sedative properties and is a calming and uplifting oil. Emotionally this oil is said to be useful for anxiety, stress, depression, and easing nervous tension. Mentally Lemon Scented Tea Tree can clear and focus the mind, assist concentration, and provide relief from mental stress.

## PHYSICAL ASPECTS:

Like Tea Tree, this oil is anti-viral, anti-bacterial, antiseptic, anti-microbial, anti-infectious, and particularly anti-fungal. Diffusing this oil can deodorize and clean the air, killing molds, fungi, and bacteria in the air. Lemon Scented Tea Tree is also an expectorant making it a very good choice for coughs and colds, and for clearing the nasal and bronchial passages. It is also beneficial as a digestive stimulant.

Lemon Scented Tea Tree is a useful treatment for oily skin and acne. It has been used with good results for infections and troubled skin conditions. Lemon Scented Tea Tree is rich in citral, geraniol, and citronellal making it a powerful insect repellent.

## GENERAL INFORMATION:

Lemon Scented Tea Tree is not actually a Tea Tree, though it is a cousin of the Melaleuca family. Its name comes from the fact that it has medicinal properties similar to Tea Tree, and its high citral content gives it a lovely Lemony scent.

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