

## QUICK REFERENCE SHEET

# MELISSA BLEND



Plant Family:



Extraction Method:



Part Utilized:



**Region of Origin:**  
France

### AFFINITY FOR:

immune system, respiratory system, reproductive system, cardiovascular system, yang energy, brow chakra, wood element, fire element

### THERAPEUTIC PROPERTIES:

antiseptic, antibiotic, antiviral, sedative, calmative, antidepressant, stimulant

### AROMATIC CONSIDERATIONS:

Melissa essential oil has a delicate lemony scent. It is both calming and uplifting to the spirit.

### APPLICATION:

Melissa can be applied, diluted, to the feet or any area of the body.

### INGREDIENT IN:

<sup>Le</sup>Acknowledge, <sup>Le</sup>Benediction, <sup>Le</sup>Everlasting, <sup>Le</sup>Exhilaration, <sup>Le</sup>Faith, <sup>Le</sup>Grateful Heart, <sup>Le</sup>IQ, <sup>Le</sup>Trust, <sup>Le</sup>Whispering Hope

### GENERAL INFORMATION:

Melissa is extremely expensive. Butterfly Express LLC, sells a well-done blend of other essential oils put together to simulate the healing properties of Melissa oil. This is a blend of pure essential oils, not a chemically produced substitute. I have been very impressed with this blend, but it is not pure Melissa oil. If you can possibly afford it, try to purchase at least a little of the real thing!

The ingredients of Melissa Blend are: Lemon, Lemongrass, Melissa, Pine, Tangerine, Ylang Ylang  
Melissa Pure is the first distillation of the oil. It is the purest, and most therapeutic of the Mellissas. It is also by far the most expensive. Melissa Rectified is Melissa oil that has been redistilled and mixed with the first distillation. This enables an oil such as Melissa to be produced less expensively so that people will be able to afford to use it. These oils often have amazing healing properties, although the first distillation is always better. Melissa Blend is a blend of pure essential oils put together to simulate the healing properties of Melissa oil. It is a much less expensive option and we are very impressed with this blend, though Melissa Pure is, of course, more therapeutic.