

QUICK REFERENCE SHEET

NIAOULI

Melaleuca viridiflora



Plant Family:
Myrtaceae



Extraction Method:
Steam Distilled



Part Utilized:
Leaves, Twigs



**Region of
Origin:**
Madagascar

AFFINITY FOR:

immune system, skin/muscles, respiratory/
pulmonary system, central and governing
meridians

THERAPEUTIC PROPERTIES:

very strong and powerful antifungal,
antibacterial, antiviral, digestive tonic,
cytophylactic (tissue regenerating), analgesic,
insecticide, decongestant

AROMATIC CONSIDERATIONS:

Niaouli can be diluted and applied to any area
of the body. It makes a very good disinfectant.

APPLICATION:

Inhale, diffuse, use topically, dilute and spray on
surfaces, or add to the bath.

! CAUTIONS:

Niaouli is photo-toxic. Avoid direct sunlight on
skin to which Niaouli oil has been applied in the
last 24 hours.

INGREDIENT IN:

LeMelaPlus

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

Niaouli is said to open the inner vision of the soul and direct our thoughts toward heaven. Niaouli can help us focus on higher values and more worthy goals. Niaouli can help us see the bigger picture of our lives and find those things that we were born to do.

PHYSICAL ASPECTS:

Niaouli has been shown in studies to be a general immune system booster and effective as a response to allergic reactions. This oil is an excellent antiseptic for treating pulmonary infections, bronchitis, coughs, sinus congestion, and sore throats. The anti-inflammatory properties of this oil make it useful for muscle aches. Niaouli, being a member of the Tea Tree family, is very antiseptic. It is useful for skin conditions such as cuts, boils, burns, insect bites, and acne.

GENERAL INFORMATION:

Niaouli is often found in pharmaceutical preparations such as gargles, cough drops, toothpastes, and mouth sprays.