QUICK REFERENCE SHEET

ORANGE SWEET DARK

Citrus sinensis

Plant Family: Rutaceae

Extraction Method: Cold Pressed

Part Utilized: Peel of Fruit

Region of Origin:

Belize

AFFINITY FOR:

digestive system, respiratory system, skin, wood element, spleen meridian, sacral chakra

THERAPEUTIC PROPERTIES:

antidepressant, antiseptic, antispasmodic, aphrodisiac, carminative, cordial, deodorant, digestive, stimulant, tonic

AROMATIC CONSIDERATIONS:

Just like Sweet Orange oil, dark Sweet Orange oil has a delightful, uplifting fragrance. It promotes feelings of contentment, happiness and can help promote restful sleep. It is a wonderful oil to diffuse in the home or workplace.

Sweet Orange Dark blends well with Lavender, Bergamot, Lemon, Clary Sage, Myrrh, Sandalwood, Nutmeg Cinnamon Bark and Clove Bud.

APPLICATION:

The aroma of Orange oil is an excellent remedy to alleviate nausea and even morning sickness.

CAUTIONS:

Orange oil is considered photo-toxic and exposure to sunlight should be avoided for at least 12 hours for skin which has been exposed to this oil. A few people have experienced slight dermatitis from the limonene content of Orange Sweet Dark. Use well diluted.

INGREDIENT IN:

LeAngel, LeDreams, LeEverlasting, LeHoliday Spirit, LeHousewarming, LeMoonlight

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

Sweet Orange Dark essential oil helps bring a sense of peace and happiness to the mind and body and joy to the heart. Just like Orange Sweet, it provides emotional support for sadness and helps provide the courage to escape both emotional and physical abuse.

PHYSICAL ASPECTS:

Sweet Orange Dark may be beneficial for angina and cardiac spasms. Because Sweet Orange dark helps to lift the spirits, it also helps with depression and to boost the immune function. Orange Sweet essential oil is one of the oils used in programs treating eating disorders.

GENERAL INFORMATION:

Sweet Orange Dark differs from Sweet Orange oil only slightly. It is derived from the first pressing of the peels.

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