

## QUICK REFERENCE SHEET

# ROSALINA

*Melaleuca ericifolia*



Plant Family:  
Myrtaceae



Extraction Method:  
Steam Distilled



Part Utilized:  
Leaves, Lateral Branches



**Region of  
Origin:**  
Australia

### AFFINITY FOR:

heart chakra, third eye chakra, respiratory system, tissue and skin

### THERAPEUTIC PROPERTIES:

antibacterial, antiviral, antifungal, antihistamine, anti-infectious, anti-inflammatory, antimicrobial, antioxidant, adaptogenic, decongestant, sedative, analgesic, antianxiety, mucolytic, tonic

### AROMATIC CONSIDERATIONS:

A fresh, earthy, gentle Lavender aroma and a mild Eucalyptus and Tea Tree aroma.

### APPLICATION:

Topically, in a diffuser, used on surfaces to disinfect.

### INGREDIENT IN:

LeDiminish, LeFortitude, LeMariah, LePatches

### EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

Rosalina has the ability to affect the heart chakra because of its gentle, soothing nature, and the third eye chakra because of its ability to assist in change on a physical as well as an emotional/spiritual level. It has a feminine energetic quality that is very nurturing and soothing. Rosalina oil has a high linalool content, making it wonderful for relaxation and calming. The emotional aspects of this oil help build and support self confidence, encourage self love, and are grounding and centering.

### PHYSICAL ASPECTS:

Sometimes called Lavender Tea Tree oil, Rosalina combines the calming, soothing nature of Lavender with the strong antimicrobial properties of Tea Tree. Rosalina is from the same family as Tea Tree but is gentler, sweeter, softer, and has a milder aroma. Rosalina is gentle yet powerful and can assist to address both the physical and emotional aspects of an illness.

Rosalina oil has strong antibacterial, antifungal, and antiviral properties. Historically the Australian people have used Rosalina oil for herpes, acne, boils, ringworm, and athlete's foot. It has been used to treat acne, and help to soothe and heal the skin as well. Rosalina has immune stimulant properties, and can be useful for insomnia as it is a sedative.

Rosalina is said to be an excellent oil for respiratory tract congestion and infection. It is a gentle expectorant, and is gentle on the mucous membranes as well as the skin. Rosalina is a great oil for kids and many people use it in place of stronger oils like Tea Tree and Eucalyptus when dealing with small children. It is a great substitute for anyone who feels that Tea Tree is too harsh aromatically or energetically.