

SARO

Cinnamosma fragrans



Plant Family:
Lauraceae



Extraction Method:
Steam Distilled



Part Utilized:
Leaves



Region of Origin:
Madagascar

AFFINITY FOR:

digestive system, immune system, circulatory system, respiratory system, urinary tract, yang energy, raises defensive Qi

THERAPEUTIC PROPERTIES:

antimicrobial, anti-infectious, antiviral, revitalizing, expectorant, mucolytic, anti-inflammatory, antiparasitic, analgesic, immune stimulant, antispasmodic

AROMATIC CONSIDERATIONS:

Saro has a fresh, warm, slightly camphoraceous aroma. Saro is less medicinal smelling than Tea Tree and, like Manuka, may prove to be an even more effective antimicrobial essential oil. This newcomer to the essential oil world shows great promise.

APPLICATION:

Can be applied topically on areas of concern, diluted with either carrier oil or water (use water where the larger protein molecules of the carrier might "feed" the bacteria). Saro is excellent as a steam inhalation or as a chest rub.

! CAUTIONS:

As with all newcomers to the world of essential oils, caution with pregnant women, children, and persons with seizure disorders or heart conditions is advised. There are no recorded incidents of problems with this oil at this time.

INGREDIENT IN:

LeAspire, LeCrystal Clear

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

Saro is uplifting and energizing but creates less olfactory fatigue than other Cinnamomum family oils. This is a gentle, yet powerfully effective essential oil. Saro is an excellent aid to studying as it clears the mind, improves mental alertness, concentration, and memory.

PHYSICAL ASPECTS:

Recent research indicates that Saro may be effective against a wide range of bacterial strains including: e. coli which is responsible for urinary tract infections and meningitis, as well as several bacteria strains that are responsible for dysentery and food poisoning and certain types of gastrointestinal toxicity. It also performed well against some strains of bacteria related to vaginal infections. Klebsiella pneumoniae (which is the bacteria strain which occurs in chronic pulmonary disease and rhinoscleroma), and streptococcus pneumoniae which is responsible for certain pneumonias, endocarditis, pericarditis, and some skin infections were also significantly reduced in laboratory tests when Saro was introduced. Research is also showing that Saro is effective in the control of candida albicans and helps to regulate the bacterial flora and fauna of the digestive tract. Saro may also prove to be effective against herpes simplex, according to some scientists.

One of the outstanding characteristics of Saro is that it is both an effective agent against minor infections and also acts to prevent reoccurrence because of its immune-building properties. Saro is an excellent choice for clearing nasal, bronchial, and sinus passages. Saro has excellent anti-inflammatory properties, relieving muscle pain and stiffness when applied topically, and may also balance and control the production of sebum in oily skin conditions.

GENERAL INFORMATION:

Research is ongoing with this fascinating newcomer to the world of therapeutic aroma and topical therapy.