

QUICK REFERENCE SHEET

TAGETTE

Tagetes bipinnata



Plant Family:
Compositae



Extraction Method:
Steam Distilled



Part Utilized:
Flowers, Stems



Region of Origin:
India

AFFINITY FOR:

respiratory system, tissues and skin

THERAPEUTIC PROPERTIES:

antimicrobial, fungicidal, antibiotic, antiseptic, insecticide, sedative, antispasmodic, diaphoretic, mucolytic

AROMATIC CONSIDERATIONS:

The aroma of Tagette essential oil is quite complex. The top note is sharp and bitter and has an almost unpleasant effect in the nose. This pungency is followed by a pleasant, herbaceous aroma (if you are still sniffing!). The end note is almost fruity with a citrus-like aroma. It is surprisingly pleasant when diffused. The fruit and citrus aromas seem to linger in the air.

APPLICATION:

Tagette should always be diluted well to avoid skin irritation. It may be applied to the feet or anywhere that skin care and repair is needed.

! CAUTIONS:

This is a powerful and potent essential oil; dilute well. It is not intended for use with children. Do not use Tagette if pregnant. Tagette may cause skin irritation and be phototoxic if overused.

INGREDIENT IN:

LeCandila, LeVallee

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

I have never known an essential oil not to operate on just the physical plane, with no emotional effects. However, there does not seem to be any literature on the emotional aspects of this oil.

PHYSICAL ASPECTS:

Tagette is useful for infectious respiratory conditions where it encourages sufficient fever to burn away the infectious agent. Tagette aids in breaking up congestion, liquefying mucous and getting it flowing, and encouraging the drainage of lymph nodes. Tagette may be helpful to rid the body of toxins. Tagette is used to dissolve bunions, calluses, and corns. One of the most common uses of this essential oil is in the rebuilding of tissues and skin after burns or other injuries.

GENERAL INFORMATION:

The aroma and therapeutic properties of Tagette improve with age. At best, Tagette should be aged for at least six months after distillation before being used in an essential oil blend.