

QUICK REFERENCE SHEET

TEA TREE

Melaleuca alternifolia



Plant Family:
Myrtaceae



Extraction Method:
Steam Distilled



Part Utilized:
Leaves



**Region of
Origin:**
Australia

AFFINITY FOR:

tissue and skin, brow and sacral chakra, metal and fire elements

THERAPEUTIC PROPERTIES:

antibacterial, antifungal, antiseptic, antiviral, immune stimulant, antibiotic, antiparasitic, vulnerary, anti-inflammatory, expectorant, decongestant, analgesic

AROMATIC CONSIDERATIONS:

Tea Tree is a very strong and pungent oil. It is very effective in killing airborne bacteria.

APPLICATION:

Tea Tree should be diluted before applying to the skin except in the case of insect bites, where it is best applied undiluted.

INGREDIENT IN:

LeCandila, LeExhale, LeMelaPlus, LePurify, LeSimplicity

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

The aroma of Tea Tree can help us replace a victim mentality with a desire to understand why events and circumstances happened as they did. Tea Tree can be used to bring both tolerance and growth into our lives. Tea Tree starts the process of spiritual and emotional cleansing. It can help us turn toward the positive and find refreshment for our spirit. The aroma of Tea Tree essential oil has the feel of a good friend who has come to help us "clean house." The cleaning up and throwing out will be good for us and will be far less painful than we have imagined it would be.

PHYSICAL ASPECTS:

Tea Tree essential oil is effective against some of the nastiest microbes on the planet. Tea Tree can prevent sepsis in wounds and it (or something else effective) should be used to treat wounds, boils, sores, cuts, insect bites, and stings. The only way to kill a virus is to weaken or rupture its protective shell—called a cyst. Tea Tree oil has been shown effective in this capacity, which greatly shortens the duration of viral infections. Tea Tree is also a mild tissue regenerator, making it a sensible choice for rashes, nail or skin fungal infections, wounds, cold sores, acne, athlete's foot, ringworm, head lice, vaginal thrush (dilute very well here), and candida.

GENERAL INFORMATION:

Tea Tree has been in use as an antiseptic for centuries. It was used by soldiers and sailors in World War II in the treatment of tropical infections.