QUICK REFERENCE SHEET

TONKA BEAN

Dipteryx odorata

Plant Family: Fabaceae

Extraction Method: Solvent

Part Utilized: Seeds, Bark

Region of Origin:

Brazil

AFFINITY FOR:

cardiovascular system, circulatory system

THERAPEUTIC PROPERTIES:

antiseptic, anti-coagulant, anti-spasmodic, aphrodisiac, expectorant, stimulant, carminative, diaphoretic, febrifuge

AROMATIC CONSIDERATIONS:

The aroma of Tonka Bean is very sweet, rich, sensual and vanilla-esque with caramel notes.

APPLICATION:

Dilute and apply anywhere on the body. May be used as a perfume due to its wonderful, sweet aroma.

CAUTIONS:

This oil should be used in small amounts due to the coumarin content, and should absolutely not be used internally. Information regarding the use of Tonka Bean during pregnancy and lactation is lacking.

INGREDIENT IN:

Le Intention

EMOTIONAL-SPIRITUAL-MENTAL ASPECTS:

The natives of South America refer to Tonka Bean oil as the Oil of Initiation.

PHYSICAL ASPECTS:

Due to its wonderful smell, Tonka Bean oil has been used widely in the perfume industry. It is fairly new on the essential oil market, though it has been in use in South America for a long time as an extract made by soaking the beans in rum. Traditional herbal uses of Tonka Bean include treating earaches, coughs, lung congestion, asthma, and for treating cuts, bruises, rheumatism, and even snake bites. Tonka Bean is a fixative oil and blends especially well with citrus and floral oils. Tonka Bean is a natural aphrodisiac. The active ingredient in Tonka Bean essential oil is coumarin which is a blood thinner and is used to prevent blood clotting. Coumarin also acts as a natural pesticide.

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