#### Laurel

Historically, the leaves of Lauris nobilis were used to crown the victorious. Laurel can help us realize that we are victorious in our own way with the challenges of our own lives. Considered a valuable remedy for stimulating hair growth and eliminating dandruff. It is recommended in the treatment of acne and other skin disorders. Laurel is said to bring awareness of our strengths, moral courage, and confidence. Laurel aids in lymphatic drainage and promotes healthy sweating and the discharge of toxins.

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