

## Hunter's Edge Kit

This kit contains oils that smell like the great outdoors. These oils have been used successfully to mask the human scent and improve the hunting experience. Essential oils can often be used as basic first aid items. Each oil is bottled in a spray bottle for your convenience.

### Cedarwood

No outdoor experience would be the same without the smell of Cedarwood. Cedarwood was used traditionally by the Indian tribes of America to enhance spiritual communication. Like all conifer oils, cedarwood enhances feelings of security and protection. It helps us to feel, and return, the love of heaven. The aroma of cedarwood calms anger and relieves nervous tension. Cedarwood is useful for chest infections, asthma, and coughs. Avoid when pregnant.

### Fir Balsam

The wonderful aroma of Fir brings everything that is wonderful about the great outdoors to mind. Fir has an amazing ability to center and ground the emotions, is an immune and endocrine stimulant. Fir, in any form, has been well regarded for many years and in many cultures for treatment of respiratory complaints and fevers. Fir essential oil is excellent for muscle pain relief and to loosen muscles before strenuous exercise. It is also soothing for overworked or tired muscles. Fir oil is useful for back pain.

### Juniper Berry

Juniper Berry is part of the conifer family making it a great oil for masking human odors. Juniper berry is said to improve mental clarity and memory without undue stimulation to the nervous system. In fact, juniper berry essential oil is quite relaxing. Juniper berry essential oil is suited for people who fear growing up or growing older. This oil helps us mature with wisdom and compassion. Juniper berry helps to elevate spiritual awareness and reverence for sacred things. Avoid when pregnant.

### Pine Needle

Pine is a very fresh crisp scent making it a great choice for masking odors. Pine helps us to establish a healthy respect for our own needs, including the need to rest and rejuvenate from time to time. When pine essential oil is massaged into the skin, it promotes healthy circulation and brings comfort to sore joints and muscles. Pine is an excellent massage oil for arthritis. The aroma of pine can bring us true wisdom through acceptance of what was and acknowledgment of what is and what can be.

### Sage

Because sage is prevalent throughout the mid west it can be used as a cover scent in many locations. The Lakota Indians considered sage as the "master healer", as did the Romans. It has been a popular ingredient in nerve tonics throughout the ages. Sage is a good oil for alleviating the effects of prolonged stress on the body and the mind. Sage cleanses the energy grid and strengthens its ability to protect us from negative influences. Sage has a positive influence on intuition. Avoid in early

### Rescue Remedy *Blessed Water*

HOMEOPATHIC INGREDIENTS: Bach flower essence of Cherry Plum, Clematis, Impatiens, Rock Rose, Star of Bethlehem

Rescue Remedy is most effective when used on the occasion of any particular stress, trauma, or emergency. It is formulated to help a person cope with extreme circumstances and can be helpful when dealing with physical and emotional aspects of shock. Brings immediate calm and helps deal with pain. Often used in energy work.