

# Winter Warmth

*This Winter Warmth Kit is a perfect kit to help you warm up in the cold months ahead. The focus of this kit is <sup>Le</sup>Housewarming but also includes some great winter diffusing oils. A wonderful way to keep your home warm and spicy this winter. This kit comes with a bonus free <sup>Le</sup>Ambition.*

## <sup>Le</sup>Housewarming

Gently, insistently stimulating, <sup>Le</sup>Housewarming strengthens the immune systems of those present by removing free radicals and stimulating T-lymphocyte activity and immunoglobulin production. The cassia, which is the signature essential oil in this blend, is renowned as a powerful oxygenator. Cassia is also considered to be a cardiovascular tonic and is known to be one of the most strongly antimicrobial essential oils. It is amazing to me that something that fills the home with such a wonderful aroma can be so good for us at the same time.

Soap: Handmade, with natural ingredients. This soap leaves your hands soft and clean and you still get the same great benefits of the housewarming oil that has been added to your soap.

Lotion: This homemade natural lotion is gentle enough for all skin types. It is paraben free, formaldehyde free, and contains no petroleum products, no animal products, and no artificial fragrances or dyes. Enjoy the wonderful smell of <sup>Le</sup>Housewarming on your hands while still benefiting from the addition of the blend.

## <sup>Le</sup>Holiday Pie

This blend reminds me of walking into grandma's house when she is making her homemade cinnamon rolls and apple pies for the holidays. Delicious! Holiday Pie is a wonderful oil to diffuse at Christmas parties and your family gatherings this holiday season as it creates a feeling of openness, love, and connection, especially to family members and old friends. It pulls one immediately into a mood of remembering, but with the blessing of a focus on the good times and the good in people. It is a very warming and uplifting emotional oil. This oil would be beneficial for anyone who is not able to make it home for the holidays.

## <sup>Le</sup>Spice is Nice

This blend reminds me of all the delicious warm drinks you have in the holiday season, apple cider, eggnog, pumpkin spice, and my personal favorite, chai tea. Spice is Nice provides an emotional and physical lift, kindling a fire within our souls, creating within us a passion for life, and boosting our drive and ambition. It also promotes feelings of well-being, happiness, and peace.

## <sup>Le</sup>Ambition

A wonderful rejuvenating blend. This is an oil that brings balance to the soul. It energizes the mind and opens communication between body systems as well as our communication with others. <sup>Le</sup>Ambition cultivates a feeling of self worth. <sup>Le</sup>Ambition is a whole body rejuvenator, and is a great pick-me-up. Promotes the ability to move forward in achieving one's goals, while being mindful of the needs of others.