

Allergies Blessed Water Kit

An allergy is an inappropriate response by the body to any substance that is not harmful to most people. The immune system, which is supposed to protect us from toxins and pathogens, wrongly identifies a substance as harmful to us and goes into action. The response can be anywhere from mildly annoying to symptoms severe enough to create anaphylactic shock. These types of allergies grow worse with each reaction; they are NOT something that a person typically grows out of.

Allergy Relief #1 (7X)

This is a great remedy to use for shellfish allergies or when you are not sure of the cause of your allergy.

GRINDELIA ROBUSTA (*rosin-wood*) The symptoms here are a full range of allergic responses such as lung disorders, respiratory distress, asthma, rashes, and itching eyes.

URTICA URENS (*stinging nettle*) This polycryst remedy has a wide range of severe allergic reactions in its symptom picture and is especially suited for use with bee stings and for the ill effects of eating shellfish. Unusual and noteworthy symptoms include chronic gout, joint pain, hives, itchy blisters on fingers and hands, and burning pain in the throat.

HYDROPHYLLUM VIRGINICUM (*Virginia waterleaf*) Hydrophyllum's range of action includes symptoms relating to the eyes. Among them will be swollen eyelids, eye inflammation, itching, and sensitivity to light.

Allergies #2 (6X)

This remedy is for neuralgic headaches, bites, stings, and coughs.

GUACO (*climbing hempweed*) Guaco grows in tropical areas and has a local reputation for relief from the bites of scorpions and snakes. This remedy acts predominantly on the nervous system. Outstanding symptoms are pain along the spine and constriction and feeling of paralysis in the throat.

CADMIUM METALLICUM (*cadmium metal*) Cadmium markedly affects the eyes with light sensitivity, burning, and inflammation occurring. There may be extreme neuralgic headaches, difficult respiration with coughs that are mucus filled—sometimes blood-streaked—with bronchial and pulmonary distress. Chronic dermatitis is often seen.

EUPHORBIIUM OFFICINARUM (*gum euphorbium*) The symptom picture includes hay fever, headache, inflammation of the eyelids with itching, constant dry cough with a hollow sound, dryness of the mouth with a white-coated tongue, and ringing in the ears—especially when sneezing and at night.

Allergies #3 (9X)

Allergic reactions that mimic the common cold and affect the kidneys or heart.

APIS MELLIFICA (*honey bee*) Allergy symptoms of Apis include burning, itching and inflammation of serous membranes, excessive swelling with edema, kidney distress, and heart troubles. Apis can be useful for both mild situations and serious allergic shock reactions.

ALLIUM CEPA (*red onion*) Allium covers more symptoms of common colds and hay fever than any other remedy. The eyes feel as though you are cutting up raw onions at the moment. There will be increased secretions from mucus membranes, hacking cough, dripping nose, sneezing, fever with thirst, hoarseness, and a sensation of a lump in the throat.

Allergies #4 (6X)

Specifically for allergies to animal hair but often useful for other allergies when the symptom picture fits the allergies the person is experiencing.

GRINDELIA ROBUSTA (*rosin-wood*) The symptoms here are a full range of allergic responses such as lung disorders, respiratory distress, asthma, rashes, and itching eyes.

PINUS SYLVESTRIS (*Scotch pine*) The picture of Pinus is predominantly lung symptoms similar to what is experienced with bronchitis. A lot of mucus but the accompanying cough is short and dry. There are feelings of tightness in the chest with impaired ability to breathe.

VERATRUM ALBUM (*white hellebore*) Veratrum symptoms always include profound prostration, and near total collapse with extreme coldness and weakness. There may be spasmodic contractions of the muscles of the chest. With veratrum type symptoms everything comes on suddenly.

GELSEMIUM SEMPERVIRENS (*yellow jasmine*) The most notable symptom of Gelsemium is burning in the larynx and chest when coughing. There will be extreme itching of the skin but there may or may not be any eruptions. The person will be trembling with weak, aching muscles as the reaction progresses.

PSORINUM (*scabies nosode*) Psorinum is specific for allergies and hay fever which are a family inheritance related to the Psora miasm. Offensive, foul-smelling discharges of all sorts. Hot sensation in chest with a great deal of pain. The keynote Psora pattern of remedies working well for a time but then failing to produce effective results with the need to find another remedy and then another in order to keep healing progressing will be present.

Allergies #5 (8X)

Particularly for reactions to mold, yeast, or dust.

SILICA TERRA (*pure flint*) Bruised pain in chest when coughing or breathing deeply. Itchy eruptions, mostly on the chest area and chronic skin rashes appearing at any time. Asthma-like symptoms as a result of allergies, usually worse in the early fall. Violent cough, especially when lying down. Chronic catarrh and coryza in the nose and sinuses.

PHOSPHORUS (*the element*) Phosphorus ailments can be insidious—gradually increasing in their effect on the entire system. The allergic reactions of Phosphorus consist of irritation, inflammation, and degeneration of the mucus membranes. There may be a feeling of a great weight on the chest, with difficulty breathing and feelings of heat throughout the body. There is frequent itching and burning of the eyes with sensitivity to wind.

HISTAMINUM MURIATICUM (*histamine*) Allergic reactions with asthma-like symptoms, including bronchial and respiratory irritation keynote Histaminum. There will be dryness of the mucus membranes of the nose and throat. Other symptoms include edema, hives, itching, and redness of the eyelids.

RANUNCULUS SCCLERATUS (*marsh buttercup*) Look for the characteristic mapped or peeled looking tongue with rawness and burning that extends into the throat. The person will be experiencing fluent coryza with much sneezing.

This formula also contains remedies made from a variety of molds, yeasts, and dusts not identified specifically by the manufacturer.

Allergies #6 (6X)

For allergic reactions to and liver toxicity caused by chemical inhalants.

EUPHRASIA OFFICINALIS (*eyebright*) Euphrasia is specific for allergic reactions with a pronounced action on the eyes. Symptoms include eye irritation with discharge and copious watering, glandular swellings, and very offensive sweat as the body attempts to detoxify from the inhaled poisons.

WYETHIA HELENOIDES (*poison weed*) With Wyethia, there are reactions which target the throat but have a history of dropping quickly into the chest. There is swelling of the glands in the right side of the neck with a characteristic itching of the upper palate.

NAPHTHALINUM (*tar camphor*) Naphthalinum is said to reduce the suffering from the inflamed, bloodshot eyes of the hay fever season. Other symptoms include attacks of sneezing, skin rashes, eczema and psoriasis.

HISTAMINUM MURIATICUM (*histamine*) Symptoms of Histaminum include allergic reactions with asthma-like symptoms including bronchial irritation and dryness of the mucus membranes of nose and throat. Other symptoms include edema, hives, itching, and redness of the eyelids.

NATRUM MURIATICUM (*sodium chloride*) Natrum displays the usual symptoms of hay fever and allergies with the additional discomfort of blinding headaches, fluttering and palpitations of the heart with constriction of the chest and high blood pressure.

TABACUM NICOTIANA (*tobacco*) This remedy is for the more serious, advancing toward anaphylactic shock, symptoms of severe allergic reactions. There will be high tension of the coronary arteries with intermittent pulse. As the reaction worsens, the person will experience icy coldness with sweat, fainting and nausea. Complete prostration of the entire muscular system and severe mental confusion is a possibility if things are allowed to get worse without intervention.

ARSENICUM ALBUM Arsenicum is the first remedy to reach for in any acute ailment whether it is a cold, hay fever, influenza or food poisoning. Shortness of breath is a keynote symptom with extreme restlessness, or anxiety and restlessness, presenting alternately.

Allergies #7 (6X)

Predominantly for tree pollen allergies.

CARDUUS MARIANUS (*St. Mary's thistle*) The major focus of this remedy is for liver dysfunction which, of course, often plays a role in allergic reactions. Other keynote symptoms are pressure in eyelids and eyeballs, pressing pain in the throat on speaking or swallowing. Swallowing is usually very painful with a painful burning sensation.

EQUISETUM HYEMALE (*horsetail*) Horsetail, herbally, is a remedy for kidney issues and the same is true for the homeopathic form of this wonderful herb. When the kidneys are eliminating properly and maintaining proper water levels in the body, allergic reactions are less likely and less severe if they do occur. Sharp pain in the outer angle of the eye—more often in the right one. There may also be a sharp sticking pain in the throat.

IRIS VERSICOLOR (*blue flag*) Symptoms include burning of the mouth, tongue and throat, redness and inflammation of the eyelids with burning in the inner canthuses, and vision disturbances with headache.

RANUNCULUS SCLERATUS (*marsh buttercup*) The focus of Ranunculus for allergies is pain in chest/lung area that is worse for deep breathing and a raw and burning tongue with pain in the throat.

ZINCUM PHOSPHORICUM (*zinc phosphide*) With Zincum allergies there will be foggy vision. Zincum is also a tonic for the kidneys and useful for lung issues and asthma-type symptoms.

Allergies #8 (6X)

Hayfever with headache and glandular swelling or sweating.

EUPHRASIA OFFICINALIS (*eyebright*) Allergic reactions with a specific action on the eyes are typical. There will be eye irritation with discharge and copious watering. There may also be glandular swellings and very offensive sweat as the body attempts to detoxify from the poisons that have been inhaled.

PSEUDO-NARCISSUS (*daffodil*) The Pseudo-narcissus picture includes allergy symptoms such as watery eyes, frontal headache, increased pulse, increased flow of saliva, severe coryza of the nose and the opposite symptoms of dryness in the throat rather than an increased flow of saliva.

RANUNCULUS SCLERATUS (*marsh buttercup*) A keynote of Ranunculus scleratus is the severe burning and scraping sensations in the throat. There may be fluent coryza with attacks of sneezing accompanied by headaches in which the head feels as if it were too large.

SULPHURICUM ACIDUM (*Sulphuric acid*) Various types of coryza from the nose with a copious flow that is thin, watery discharge that is a bit lemony is a major symptom here. Alternatively, as so often happens in the symptom pictures of homeopathic remedies, the symptoms may present the opposite pattern of dryness in the nose with loss of the senses of smell and taste. The symptoms that respond to Sulphuric acidum often include itching all over with boils or abscesses on the skin.

Please be aware that, while every effort was made to ensure that you have quality droppers, it is a normal occurrence for the droppers to allow evaporation and dissipation of fluids. When storing your essences/remedies we recommend that you check your essences/remedies on a yearly basis, and if they are getting low or dissipating, fill them up with a solution of distilled water with alcohol (80 proof) at least a 60/40 ratio. Please be sure that you keep the lids closed tightly to minimize dissipation. Be sure that you store your essences/remedies in a cool dark place, away from magnets, microwaves, computers, chemicals or strong-smelling items, essential oils, motors, and TV's. For long term storage it is best to find a place in which the temperature remains consistent.