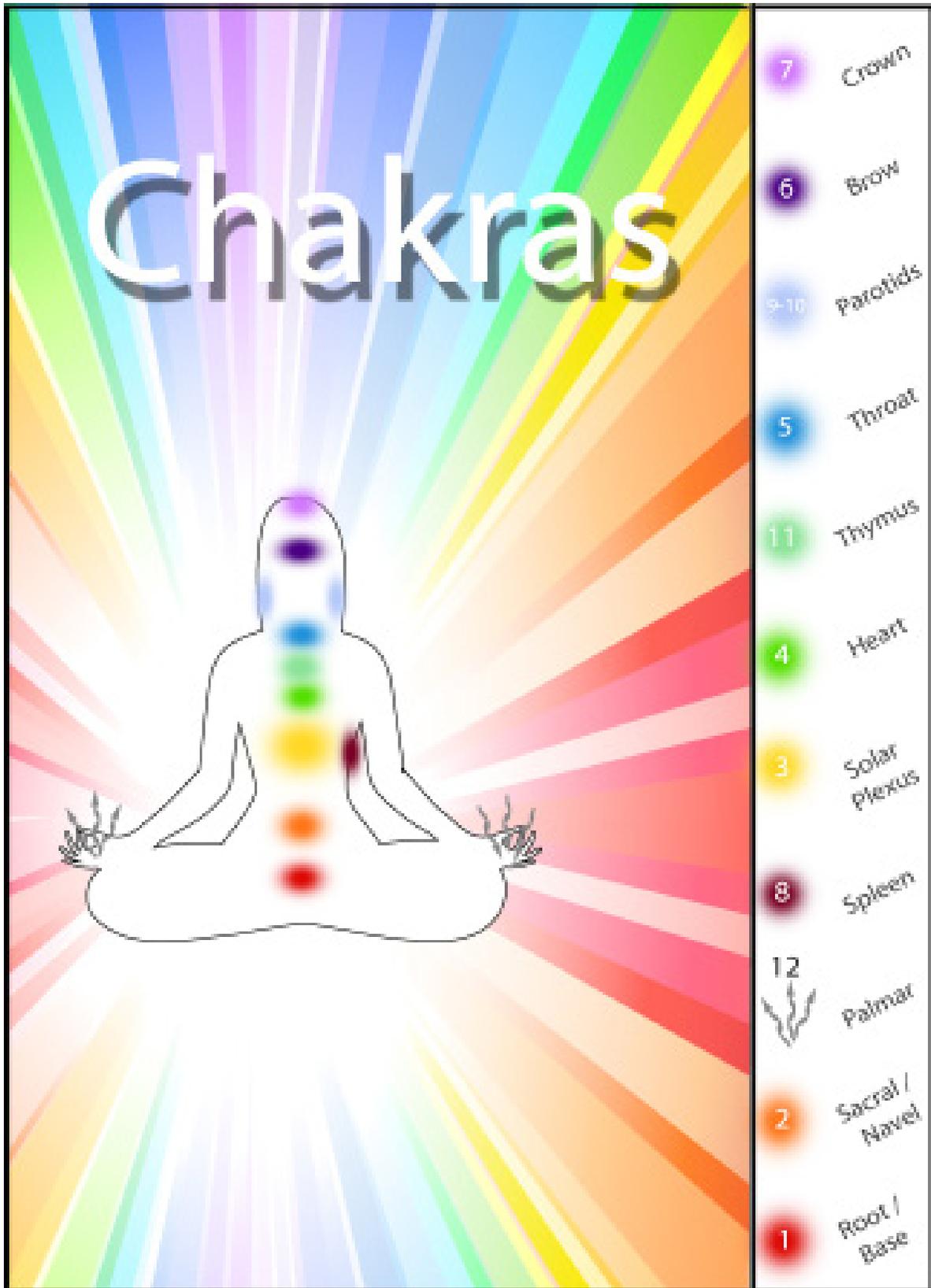


Chakras, or Energy Centers as they are sometimes called, seem to exist on all levels of our subtle bodies (spiritual, mental, emotional, and physical). The energy of the chakras communicates freely with the denser matter of our physical bodies. Chakras can be compared to energy transformers which allow the higher energy frequencies of the spiritual, mental, or emotional bodies to function and communicate with the lower frequency levels of the physical body. Chakras are energy and they respond very readily to the energy patterns of essential oils.



Crown Chakra 7

PLANE: mental, higher will

LOCATION - COLOR: above head, white & violet

GLAND: pituitary, pineal, upper brain, nervous system, cerebral cortex, right eye

BELIEFS: love, forgiveness, humility, spirituality, connection to God and creation

ESSENTIAL OILS: ^{Le}**Meditation**, ^{Le}Angel, ^{Le}Benediction, ^{Le}Dreams, ^{Le}Discernment, ^{Le}Heartsong, ^{Le}Sanctuary, ^{Le}Unity, ^{Le}Wisdom

Left Parotid Chakra 9

PLANE: intellectual, perception of truth

LOCATION - COLOR: left parotid artery, periwinkle

GLAND: amygdala or the brain

BELIEFS: digestion of knowledge

ESSENTIAL OILS: ^{Le}**Connetion**, ^{Le}**Vision**, ^{Le}Unity

Throat Chakra 5

PLANE: physical, higher will

LOCATION - COLOR: throat, blue

GLAND: thyroid, parathyroid, bronchials, vocal cords, throat, mouth, teeth

BELIEFS: compassion, expression, mildness, inspiration, power of the word

ESSENTIAL OILS: ^{Le}**Wisdom**, ^{Le}Angel, ^{Le}Benediction, ^{Le}Dreams, ^{Le}Sanctuary, ^{Le}Unity

Heart Chakra 4

PLANE: astral; all energy, bridge for all planes

LOCATION - COLOR: heart, green

GLAND: thymus, heart, blood, lungs, vegas nerve, circulation, immune

BELIEFS: loving, faith, balance, repentance, harmony, compassion, forgiving

ESSENTIAL OILS: ^{Le}**Heart Song**, ^{Le}Angel, ^{Le}Discernment, ^{Le}Sanctuary, ^{Le}Unity

Spleen Chakra 8

PLANE: emotional, this world, sometimes considered part of the sacral chakra, includes lymph

LOCATION - COLOR: spleen, magenta

GLAND: spleen, lymph

BELIEFS: anxiety/well being, choice, self acceptance, will to live

ESSENTIAL OILS: ^{Le}**Sanctuary**, ^{Le}CinnamonBear, ^{Le}Letting Go, ^{Le}Unity

Sacral/Navel Chakra 2

PLANE: emotional, this world

LOCATION - COLOR: below navel, orange

GLAND: skin, kidney, mammary glands, reproductive organs, spleen

BELIEFS: will to live, hope, passion, social, confidence, seuality, security, creativity, sensation, courage

ESSENTIAL OILS: ^{Le}**Angel**, ^{Le}Meditation, ^{Le}Unity, ^{Le}Wisdom

Brow Chakra 6

PLANE: emotional, higher will

LOCATION - COLOR: forehead, indigo

GLAND: pituitary, pineal, lower brain, ears, left eye, nose, nervous system

BELIEFS: joy, truth, intuition, balanced with analysis, celestial love

ESSENTIAL OILS: ^{Le}**Discernment**, ^{Le}Angel, ^{Le}Heartsong, ^{Le}Sanctuary, ^{Le}Unity

Right Parotid Chakra 10

PLANE: emotioinal, perception of truth

LOCATION - COLOR: right parotid artery, periwinkle

GLAND: arc of aorta

BELIEFS: digestion of emotions

ESSENTIAL OILS: ^{Le}**Connetion**, ^{Le}**Vision**, ^{Le}Unity

Thymus Chakra 11

PLANE: emotional, this world

LOCATION - COLOR: thymus, aquamarine

GLAND: thymus

BELIEFS: universal love and joy

ESSENTIAL OILS: ^{Le}**EndoRelief**, ^{Le}Grace, ^{Le}Benediction, ^{Le}Heart Song, ^{Le}Unity, ^{Le}Wisdom

Solar Plexus Chakra 3

PLANE: mental, this world

LOCATION - COLOR: solar plexus, yellow

GLAND: pancreas, stomach, liver, gallbladder, diaphragm, adrenals, skin, duodenum

BELIEFS: success, power, peace, patiene, clarity of thought, processing of negative emotions, reasoning

ESSENTIAL OILS: ^{Le}**Unity**, ^{Le}Angel, ^{Le}Tranquility, ^{Le}Sanctuary

Palmar Chakras 12

PLANE: healing energy

LOCATION - COLOR: palms of hands, white

GLAND: heart (eastern concept of)

BELIEFS: right - giving energy and healing, left - pulling energy and toxins

ESSENTIAL OILS: ^{Le}**Tranquility**, ^{Le}Unity, ^{Le}Vision

Root/Base Chakra 1

PLANE: physical, this world

LOCATION - COLOR: groin, red

GLAND: adrenals, spine, kidneys, autonomic nervous system, legs, bones

BELIEFS: grounded, self control, kindness, pain or pleasure, activity, mortal fear, vitality, stamina, survival, fight or flight response

ESSENTIAL OILS: ^{Le}**Benediction**, ^{Le}Meditation, ^{Le}Unity