

Color Blessed Water Kit

Color remedies work predominantly on our etheric bodies—the aspect of our energy field that acts as a conduit for energy to enter and work with our physical bodies. The previous sentence is a good description of chakras, and it would seem that color remedies directly influence our chakra centers. Chakras are very sensitive to color and produce colors which vary according to the state of balance they are in at the time. Color remedies produce very different reactions in each individual, according to the person's personality. Some of the colors work more physically, others work more subtly on the emotions that were behind the physical manifestations.

Green *THYMUS*

Green aids us in our relationships with family, friends, and community members by giving us clarity about their intentions and feelings towards us. Green can bring a resolution of conflicts within us, and help us move forward with enthusiasm and peace. It has an effect on the fluid levels in the cells of the body, acting as a diuretic throughout the tissues. This effect is most pronounced in cases of pulmonary or cardiac based edema. Green is considered regulating and toning to the entire cardio/pulmonary system. Green is a very calming remedy.

Magenta *PINEAL*

Magenta helps with feelings of unworthiness and self-doubt. It can open us to receive love, happiness, health, and prosperity. Magenta can increase our insight and creativity, make us more open to change and growth, and increase the joy and enjoyment we find in life. Magenta acts as a general tonic and can increase physical energy levels, focus the mind, and improve the memory.

Pink *(NO GLAND APPLIES)*

Pink is a remedy for the heart. It is useful for grief, disappointment, separation, and when loss has robbed the person of desire or ability to give love or be involved in other loving relationships. Pink is for new mothers to help bonding with their baby and avoiding postpartum depression. It alleviates heart palpitations and arrhythmias that are the result of tension or sorrow. Pink has a reputation for increasing milk production in new mothers. Most effective when the cause of the problem is emotional rather than physical.

Turquoise *THYROID*

Turquoise is used for those who struggle with tendencies to gossip, exaggerate, or even tell lies. Turquoise is also beneficial for those who are timid and shy in their communications. It helps with sore throats, tired or strained vocal cords, and pain in the neck or shoulders. Turquoise is useful in programs to stop smoking, drinking, or overeating.

Yellow *PANCREAS*

Yellow is used when we feel afraid, unsettled, or angry. Our minds may feel fuzzy, frazzled, and we lack resilience and inner strength. Yellow strengthens our sense of independence and personal power, and is a mild, general diuretic. It is of benefit to each of the organs of the body, but particularly to the liver, gall-bladder, stomach, pancreas, pulmonary and respiratory organs. Yellow has an impact on problems in the right eye.

For more information on Color remedies please refer to
Butterfly Miracles with Homeopathic Remedies I
by LaRee Westover

Indigo *PITUITARY*

Use Indigo when intuition and good judgment seems to be lacking, when the thinking processes have become muddled and unclear, and closed to new ideas and methods. Indigo is predominantly concerned with congestion to the head and inflammation or other problems with the eyes, ears, and nose. It makes a good calmative remedy for anxiousness and insomnia. It may relieve migraine headaches and headaches brought on by eye strain. Indigo is useful in reducing high fevers.

Orange *OVARIES AND TESTES*

Orange addresses the polar opposites of the attitudes of poverty consciousness or an abundance mentality. It develops and maintains the attitude that there is enough for everybody. Orange is used for depression and states of very low energy brought on by depression and relieves feelings of despair. Orange aids in sexual dysfunctions of both sexes, PMS and other menstrual difficulties. It seems to have an affinity for the digestive system, the urinary tract, and the immune system. It is of value for allergies, constipation, eating disorders, and autoimmune disorders.

Red *ADRENAL CORTEX*

Red is for feelings of being disconnected from or unaccepted by home, family, or community. A remedy for chronic depression, suicidal thoughts or tendencies, prolonged grief, and any inability to cope with a move, a job change, or the loss of a relationship. Red is good for finding and following a purpose in life. It helps with organizational skills. Helpful with pain and irritation in joints and ligaments, of feet, ankles, knees and hips. Red is good for bowel, rectal, circulatory problems, varicose veins, and autoimmune imbalances. Helps in childbirth and postpartum care.

Violet *PINEAL*

Violet acts on the pineal gland, causing an increase in understanding and intuition, clearing our perceptions, and fostering appreciation of life while, at the same time, tempering ego and quelling prejudice and narrow-mindedness. Violet acts as a tonic to the nerves. It has been of value in the treatment of liver conditions, jaundice, and nausea. It acts as an antiseptic in the cleaning of wounds and seems to speed healing. Violet has an impact on problems in the left eye.

Spectrum

Spectrum acts on tension, fatigue, exhaustion, and burnout. It is particularly effective with chronic illness and pervasive discouragement. Any physical symptom that is evidence of overwork and exhaustion may be ameliorated by this remedy. Spectrum is specific to lack of vitality from overwork, illness, or substance abuse.