# **Meridian Blessed Water Kit**

Meridians are the pathways of communication between the various parts of the human body/mind/soul complex. These meridians channel an invisible nutritive energy known to the Chinese as ch'i. The ch'i energy enters the body through specific points and flows to deeper organ structures. Meridians bring life-giving nourishment with a gentle subtle energetic nature. A strong and balanced flow of energy through the body's meridians is important to optimal health. Blocked meridians create imbalanced energy flow to organs, which contributes to disease states within the body. There are emotional and mental characteristics associated with each pair of meridians.

### **Central Vessel**

**Central Vessel Balance:** Firmness, balance between logic and emotion, considerate of - without being unduly influenced by - other peoples energies or opinions **-or-** An unrealistic sense of shame, guilt, shyness, and discomfort around people. The central vessel is affiliated with the central nervous system and, when depleted, makes a person vulnerable to the negative energies around them.

Homeopathic ingredients: Apis mellifica (honey bee), Arsenicum album (white oxide of arsenic), Belladonna (deadly nightshade), Conium maculatum (poison hemlock), Ferrum metallicum (iron metal), Lachesis muta (bushmaster snake), Mercurius solublis (mercury vivus), Pulsatilla nigricans (wind flower), Sepia succus (cuttlefish ink), Thuja occidentalis (arbor vitae)

### Heart

**Heart Meridian Balance:** Love, forgiveness, compassion **-or**- Anger, judgement.

Homeopathic ingredients: Aurum metallicum (gold metal), Cactus grandiflorus (nightbloooming cereus), Digitalis purpurea (foxglove), Lithium carbonicum (lithium carbonate), Mercurius solublis/vivus (mercury vivus), Naja tripudians (cobra venum), Phosphorus (the element), Pulsatilla nuttaliana (American pulsatilla)

**Large Intestine** 

**Large Intestine Meridian Balance:** Confidence, feeling of self-worth **-or-** Guilt, low self-esteem, discouragement.

Homeopathic ingredients: Aloe socotrina (common aloes), Aluminum oxydata (aluminun oxide), Arsenicum album (white oxide of arsenic), Baryta carbonica (barium carbonate), Bryonia alba (wild hops), Carbo vegetabilis (vegetable charcoal), Plumbum metallicum (lead metal), Pyrogenium (rotten meat pus)

Lung

**Lung Meridian Balance:** Humility, tolerance, teachable **-or-** Pride, intolerance, already-knows-it-all attitude. Homeopathic ingredients: Apis mellifica (honey bee), Arsenicum album (white oxide of arsenic), Carbo vegetabilis (vegetable charcoal), Chamomilla vulgaris (German chamomile), Kali bichromicum (potassium bichromate), Phosphorus, Sulphur (brimstone)

**Small Intestine** 

Small Intestine Meridian Balance: Great joy, intense happiness -or- Sorrow, melancholy, depression. Homeopathic ingredients: Arsenicum album (white oxide of arsenic), Belladonna (deadly nightshade), Cinchona/China officinallis (Peruvian bark), Kali carbonicum (potassium carbonate), Lycopodium clavatum (club moss), Nux vomica (poison nut), Phosphorus, Pyrogenium (rotten meat pus)

## **Gallbladder**

**Gallbladder Meridian Balance:** Feeling of love, adoration and compassion for other people **-or-** Deep rage—more intense and longer lasting than mere

anger.

Homeopathic ingredients: Arsenicum album (white oxide of arsenic), Belladonna (deadly nightshade), Calcarea carbonica (calcium carbonate), Carduus marianus (St. Mary's thistle), Colocynthis (bitter cucumber), Lycopodium clavatum (club moss), Natrum sulphuricum (sodium sulphate), Nux vomica (poison nut), Phosphorus (the element), Sepia succus (cuttlefish ink)

**Governing Vessel** 

Governing Vessel Balance: Moving forward on lifes path with faith and confidence -or- Embarrassment, reluctance to move forward at all. The governing vessels controls the peripheral nervous system which collects information and controls certain bodily functions such as the heartbeat, the kidneys, and hormone levels. Homeopathic ingredients: Arsenicum album (white oxide of arsenic), Aurum metallicum (gold metal), Baryta carbonica (barium carbonate), Cactus grandiflorus (night-blooming cereus), Calcarea carbonica (calcium carbonate), Lithium carbonicum (lithium carbonate), Lycopodium clavatum (club moss), Mercurius solublis (mercury vivus), Natrum sulphuricum (sodium sulfate), Spigelia anthelmintica (pinkroot), Tarentula hispanica (Spanish tarentula)

**Kidney** 

Kidney Meridian Balance: Full of faith and trust in the future -or- Full of fear, lack of self-confidence. Homeopathic ingredients: Apis mellifica (honey bee), Berberis vulgaris (barberry), Cantharis vesicatoria (Spanish fly), Equisetum hyemale (horse-tail), Lycopodium clavatum (club moss), Natrum muriaticum (sodium chloride), Phosphorus (the element), Rhus toxicodendron (poison oak), Sepia succus (cuttlefish ink)

### Liver

Liver Meridian Balance: Happy and cheerful, full of joy -or- Feelings of anger and annoyance all the time toward everyone and everything. Homeopathic ingredients: Arsenicum album (white oxide of arsenic), Berberis vulgaris (barberry), Bryonia alba (wild hops), Carduus marianus (St. Mary's thistle), Cinchona officinalis/China officinalis (Peruvian bark), Kali carbonicum (potassium carbonate), Lycopodium clavatum (club moss), Nux vomica (poison nut)

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Spleen

**Spleen Meridian Balance:** Confidence, faith in the future **-or-** Anxiety about the future, lack of faith and

hope, feelings of grief and loss.

Homeopathic ingredients: Arsenicum album (white oxide of arsenic), Carduus marianus (St. Mary' s thistle), Ceanothus americanus (red root), Cinchona/ China officinalis (Peruvian bark), Kali bichromicum (potassium bichromate), Lycopodium clavatum (club moss), Phosphorus, Plumbum metallicum (lead metal), Ranunculus bulbosus (buttercup)

**Triple Warmer** 

**Triple Warmer Meridian Balance:** Protection of the physical body, lightness, hope **-or-** Auto-immune disorders, allergies, heaviness and depression. The triple warmer meridian is closely associated with the immune system and protects the entire body from external threats. Triple warmer gauges everything from the temperature of the room to the safety of the building we are entering or standing in and tells us if the emotional environment is safe. This meridian is responsible for the distribution of water in the cells and tissues. Triple warmer governs those feelings or inspirations that we receive that we do not mentally understand the source of.

Homeopathic ingredients: Baryta carbonica (barium carbonate), Calcarea carbonica (calcium carbonate), Iodium purum (iodine), Kali iodium (potassium idode), Lachesis muta (bushmaster snake), Phosphoricum acidum (phosphoric acid), Sepia succus (cuttlefish ink), Spongia tosta (roasted sponge), Thyroidinum (thyroid

gland extract)

Pericardium

**Pericardium Meridian Balance:** Protector of the heart and emotions, openness and peacefulness in relationships **-or-** Manic depressive tendencies, withdrawal and anger at perceived hurts.

Homeopathic ingredients: Arsenicum album (white oxide of arsenic), Aurum metallicum (gold metal), Calcarea carbonica (calcium carbonate), Glonoinum (nitroglycerine), Lithium carbonicum (lithium carbonate), Lobelia inflata (Indian tobacco), Mercurius solublis (mercury vivus), Naja tripudians (cobra venom), Phosphorus (the element)

Stomach

**Stomach Meridian Balance:** Contentment, appreciation for what is in one slife **-or-** Disappointment, greed, attitude of "there is never enough. Homeopathic ingredients: Arsenicum album (white oxide of arsenic), Calcarea carbonica (calcium carbonate), Digitalis purpurea (foxglove), Ignatia amara (St. Ignatius bean), Lycopodium clavatum (club moss), Phosphorus (the element), Pulsatilla nigricans

**Urinary Bladder** 

**Urinary Bladder Meridian Balance:** In tune with Spirit, authoritative, sure **-or-** Lack of self-confidence, impressionable, meek and compliant. Homeopathic ingredients: Argentum nitricum (silver nitrate), Berberis vulgaris (barberry), Cantharis vesicatoria (Spanish fly), Kali bichromicum (potassium bichromate), Mercurius solublis (mercury vivus), Rhus

toxicodendron (poison oak), Terebinthiniae oleum (oil

of turpentine), Thuja occidentalis (arbor vitae)

For more information on Meridians please refer to Butterfly Miracles with Homeopathic Remedies II by LaRee Westover