

The Lullaby Connection Kit

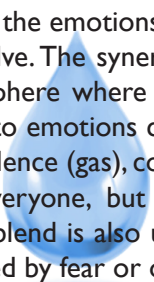
The Lullaby Connection is a Night-Time Nurturing Method™ that is intended to bring a sense of peace, tenderness and comfort to the child within. This deep Relaxation Therapy Method combines lullabies, guided visualization, scent and compassionate therapeutic touch to nurture, bless and minister love, joy and peace. This is a must-have for every nurturing parent, grandparent or caregiver!

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Recommended CD: The Kingdom Within

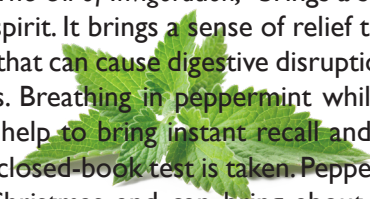
LeJulia

LeJulia calms and soothes the emotions, allowing the “knots” in the stomach to dissolve. The synergy of the oils in this blend creates an atmosphere where fear, anxiety, and the need to hold on tightly to emotions can be released. LeJulia is for the release of flatulence (gas), constipation, and other intestinal distress in everyone, but especially in infants and small children. This blend is also useful for colic, upset tummy, and nausea caused by fear or over-excitement.



Peppermint

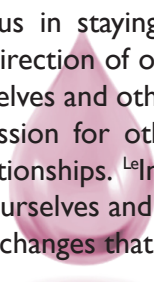
Peppermint, “*The Oil of Invigoration*,” brings a sense of vitality to mind and spirit. It brings a sense of relief to the tensions and ills of life that can cause digestive disruptions, headaches and migraines. Breathing in peppermint while studying for an exam can help to bring instant recall and clarity to the mind when a closed-book test is taken. Peppermint reminds children of Christmas and can bring about an immediate sense of joy.



Recommended CD: Once Upon Divine

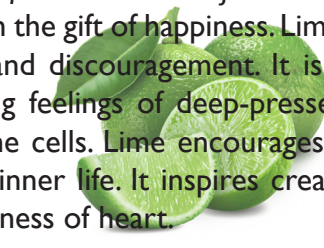
LeInner Peace

LeInner Peace can aid us in staying focused and clear, particularly about the direction of our lives. It promotes harmony between ourselves and others. This blend helps us feel genuine compassion for others, and aids us in forming rewarding relationships. LeInner Peace can help us with acceptance of ourselves and others and with the calm acceptance of the changes that life brings to us all.



Lime

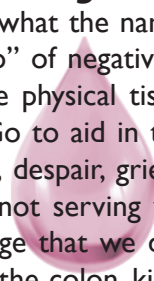
“*The Oil of Refreshment and Rejuvenation*,” Lime enlivens the soul with the gift of happiness. Lime dispels feelings of sadness and discouragement. It is a wonderful oil for alleviating feelings of deep-pressed emotions left lodging in the cells. Lime encourages children to talk about their inner life. It inspires creativity, playfulness and youthfulness of heart.



Recommended CD: The Smile Maker

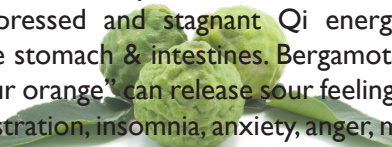
LeLetting Go

LeLetting Go is literally what the name implies, an oil to aid us in the “letting go” of negative emotions that we are holding onto in the physical tissues of our bodies. You can use LeLetting Go to aid in the release of anger, frustration, resentment, despair, grief, insecurity, or any other emotion that is not serving you well. Letting go of the emotional baggage that we don’t need can have an energizing effect on the colon, kidneys, liver, and gall-bladder in particular.



Bergamot

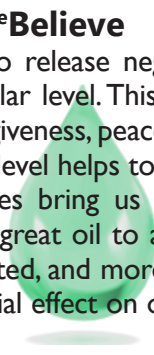
Bergamot, “*The Oil of Wonder*” encourages changes in the heart. It inspires a healthy love for self and assists one in releasing suppressed and stagnant Qi energy that gets blocked in the stomach & intestines. Bergamot, a citrus oil, known as “sour orange” can release sour feelings of tension, irritability, frustration, insomnia, anxiety, anger, mood swings and more. Ironically, this “sour orange” oil can transform sorrowful feelings, rooted in childhood, into joyful “sweet orange” feelings.



Recommended CD: The Prince of Peace

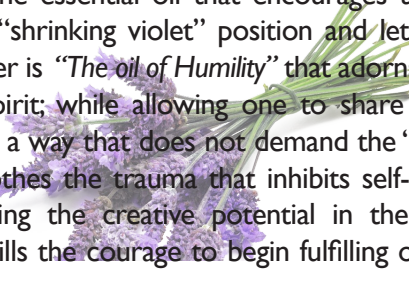
LeBelieve

LeBelieve was created to release negative emotions and perceptions at the cellular level. This helps us to replace negativity with love, forgiveness, peace, and understanding. Working at the cellular level helps to make these changes permanent. Such changes bring us more confidence in ourselves. LeBelieve is a great oil to aid us in being more optimistic, more motivated, and more tenacious. LeBelieve seems to have a beneficial effect on our intuition and our ability to act upon it.



Lavender

Lavender is the essential oil that encourages the soul to arise from a “shrinking violet” position and let your light shine. Lavender is “*The oil of Humility*” that adorns the meek and gentle spirit; while allowing one to share one’s gifts and talents in a way that does not demand the “lime light”. Lavender soothes the trauma that inhibits self-expression while unlocking the creative potential in the individual. Lavender instills the courage to begin fulfilling one’s divine potential.



Recommended CD: The Heart Wardrobe

LeKey to My Heart

LeKey to My Heart creates enthusiasm for life and confidence that we are capable of healing and adequate to the tasks being required of it. This blend stabilizes and opens the emotional and electrical rhythms of the heart. LeKey to My Heart is very beneficial in balancing and repairing the cardiovascular, circulatory, pulmonary, and lymphatic systems. It is useful for lowering high blood pressure, reducing stress levels, and increasing stamina and energy, insecurity, low self-esteem, anger, rage, and dare-devil tendencies.

Ylang Ylang

“The Oil of Happiness” - Ylang Ylang is a wonderful aid in relaxing the heart and in releasing burdens that are suppressed within. It gently calms and regulates rapid breathing, while balancing heart function. One of the behaviors that signals a need for Ylang Ylang is throwing temper tantrums that have the underlying intent of getting us our own way. It is also helpful for insecurity, low self-esteem, anger, rage, and dare-devil tendencies

Recommended CD: The Calm Psalm

LeGoodNite

LeGoodNite promotes restful sleep, partly because it encourages feelings of peace. We feel assurance that all will be well in our world even though we are sleeping and not actively watching over it. LeGoodNite helps us process, painlessly, our very deep emotions while we are sleeping. In the morning we will be able to express our deep feelings about these emotions clearly and without the usual stress.

Orange Sweet

Sweet Orange is “*The Oil of Jubilation!*” It is for the perfectionist that loses their sense of joyful service due to feelings of being overwhelmed and finding it difficult to delegate to authority, such as the overwhelmed idealist. Sweet Orange assists one in releasing stagnant Qi Energy, eases tension & frustration that lodges in the abdomen, stomach and intestines. It helps us to take ourselves lightly and to indulge in the spirit of hopeful anticipation for joys just around the bend.

Recommended CD: The Secret of Joy

LeBenediction

LeBenediction strengthens your energy boundaries and protects against “energy drains.” This blend should be used when you are feeling particularly vulnerable and “energy sensitive,” and when you are easily drained by people and situations. This works especially well with “energy sensitive” children. Try this blend any time you are feeling angry, stressed, or depressed.

Lemon

Lemon, “*The Oil of Sunshine*” interrupts negative cyclical thought patterns. Inhaling lemon is like opening a window and seeing the sunshine stream into your mind and heart. Lemon is not only good for physically cleansing the body; it is an oil that disperses confusion, worry, doubt and lifts emotional or mental burdens as well. Lemon rinses the cells of cellulite and is a decongestant and detoxifier.

Recommended CD: Angel Dreams

LeAngel

LeAngel is specific for use in releasing traumatic memories connected to negative experiences of various kinds. It is particularly effective for feelings of insecurity, helplessness, and rage resulting from childhood abuse of any kind. LeAngel is one of the best essential oil blends for stabilizing mood swings, especially in children.

Frankincense

Frankincense, “*The Oil of Peace*” inspires communication with the Creator. It aids in overcoming depression. It is strengthening to the immune system. It encourages deep breathing for relieving blocked emotions. Frankincense encourages the lungs to release hidden griefs and lifts emotional or mental burdens as well.