

Travel Wise Kit

Summer is a time for exploring and having fun. The Travel Wise Kit was created to provide tools that will help ease any discomfort encountered during those adventures. Each essential oil in this handy kit was carefully selected to address multiple issues and to cover a wide range of common misadventures associated with traveling.

LeEZ Traveler

LeEZ Traveler should be carried with you whenever you are traveling if you are inclined to motion sickness. It is excellent for motion sickness and to boost your immune system before, during and after travelling to avoid illnesses encountered during travel. The aroma alone is often enough to stop the symptoms of motion sickness. An inhaler is a convenient way to carry LeEZ Traveler, or you can place a few drops on a cotton ball and carry it in a small plastic bag. You can also apply this oil diluted to the soft areas of the skin such as the wrists, inner thighs, or behind the ears.

LeInsideOut

LeInsideOut improves the function of the digestive system. It helps with upset stomach, belching, flatulence, bloating, stomach cramps, heartburn, constipation, and diarrhea. LeInsideOut's ability to be effective for both constipation and diarrhea may seem odd; it is not. Natural remedies work with the body to return systems to balanced and healthy states. LeInsideOut should be used for any bout of intestinal flu or food poisoning, as well as upset stomach caused by overeating. Useful for most types of nausea.

LeWakeUp

LeWakeUp helps us stay awake and feel more energetic, enthusiastic, and even passionate about our life, the tasks we have before us, and the people around us. Somehow, it makes us want to encourage everyone around us to find the same joy that we are experiencing. This blend is a joyous vacation for our minds and spirits. Helpful, both by aroma and application, for blood sugar lows (hypoglycemia). A favorite for use when driving to remain alert and focused.

Orange Sweet

Orange is an excellent remedy to alleviate nausea or morning sickness. It brings peace and happiness to the mind and body and joy to the heart. Apply a drop or two behind the ear for motion sickness. It can boost the immune system and improve lymphatic congestion that is so common with travel. Orange is helpful for anxiety and depression. It makes an excellent cleaner- removing sticky residue from most surfaces.

Peppermint

Peppermint oil stimulates the mind, increasing the ability to focus. Peppermint is like a rush of fresh energy into the system. It is useful for digestion, colds and coughs, muscle aches and headaches. It relieves pain and increases circulation. Peppermint is renowned for action on the digestive system and for use in bowel disorders. In small amounts, peppermint is soothing, and it is strongly stimulating in larger amounts.

Lavender

Lavender has many uses and is gentle and soothing. It can be applied to cuts, sunburns, burns, rashes, dermatitis, eczema, and insect bites and is helpful for nausea. Lavender can bring relief from anxiety, panic, hysteria, emotional and mental fatigue, headaches and migraines, and insomnia. Lavender can be used for nearly all skin conditions. Lavender is effective for muscle strains and sprains, cramps, and wound healing.